# Menu

TLC is NUT FREE - PLEASE do not send in food items with Peanuts/Tree Nuts (v): On days that we have meat, we will always have plain pasta or veggies. Feel free to bring an alternative protein for your child. Fresh fruit may be substituted depending on the season and availability. Picky eaters...please bring an alternative lunch labeled and dated!

Lun	eh ember
Dece	4.5

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Mik	Ravioli, Veggie Sticks, Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

# December Perember

Monady	i uesaay	Weanesday	ı nursaay	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Mik	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Monday	l uesday	Wednesday	I hursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Mik	Broccoli & Chicken Pasta Mac n Cheese, Veggies and Milk	Peas and	Cheese Pizza, Vegetables, Milk

Monday	Tuesday	Wednesday	I hursday	Friday
	Chicken, Fries, Corn, and Mik	Sorry Wine CLOSED Christmas Eve	Sarry With CLOSED Christmas	Sorry Wite CLOSED Christmas

Monday	Tuesday	Wednesday	Thursday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Mik	CLOSED  New Years	Sorry Wo're CLOSED  New Years



Cheese Pizza Vegetables,

**Friday** 

### **Weekly Breakfast Offerings**

Cereal Pancakes French Toast Waffles Bagels All breakfast accompanied with Milk and Fresh Fruit

# **Weekly Morning Snack Offerings**

Cheese/Crackers Applesauce Yogurt with Fruit Pudding with Fruit Nutrigrain Bar Muffins

# Weekly Afternoon **Snack Offerings**

Pretzels Cheese Puffs Nilla Wafers Goldfish Cheez its Fruit