

Welcome

to

TODDLER 1

2026-2027

THROUGH
PLAY
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C

TEACHING

LITTLE CHILDREN

TLC Brookside





Welcome to Toddler 1

Dear Parents,

Welcome to Toddler 1 at TLC!

Here at TLC Day Care, our goal is to provide a positive learning environment for your child that enhances their development and encourages them to learn, grow, and thrive.

Through play experiences and the guidance of our specially trained staff, your child will be exposed to experiences that stimulate:

- Curiosity, initiative, and independence
- Self-esteem and decision-making skills
- Interaction with and respect for others
- Physical activity that develops gross motor skills
- Communication skills
- Fine motor development

We believe that children learn through play. Therefore, we encourage the children to explore, create, and share their creations using their imaginations. Our discovery centers are play areas that offer a variety of materials and activities, including blocks, dramatic play, trains, cars, music, and art. The children have the freedom to choose the centers they would like to explore throughout the day.

All of our teachers are well-trained, qualified, and passionate about what they do! This year, your child's teachers are:

Miss Brianna

Miss Bella

Please take a few moments to familiarize yourself with our website at www.tlcmerrick.com. There, you will find our policies, important forms, calendars, menus, and other important information.

If you have any questions, please do not hesitate to contact me by text or email at 516-659-2247 or tlcmerrick@verizon.net.

Sincerely,
Francina Cerrone
Director/Owner
TLC Day Care





What a Day Looks Like in the Toddler 1 Room

7:30–8:45 AM Breakfast

9:00 AM Diaper Change / Potty Time

9:30–10:15 AM Outdoor Play (Weather Permitting)

10:30–11:00 AM Snack

11:00 AM Diaper Change / Potty Time

11:15 AM–12:00 PM Circle Time (Arts & Crafts, Music, Reading)

12:00–12:30 PM Lunch / Diaper Change

12:30–3:00 PM Naptime (Quiet Time for Children Who Do Not Nap)

3:00 PM Diaper Change

● 3:15–4:00 PM Outdoor Play (Weather Permitting)

4:00–6:00 PM Free Play





Brookside Toddler 1 Supply List

Please Label Everything with Your Child's First and Last Name!

- ☐ 2 Changes of Clothes, including socks
- ☐ 2 Mattress-Sized Crib Sheets (Please do not send Pack 'n Play-size sheets.)
- ☐ 2 Blankets
- ☐ 1 Sleeve of Diapers
- ☐ 2 Packages of Wipes
- ☐ Diaper Ointment — Please complete the Non-Medication Consent Form located at www.tlcmerrick.com/forms
- ☐ Pacifier, if needed
- ☐ 2 Labeled Sippy Cups
- ☐ Additional Cup — If your child drinks milk, please send an additional cup.
- ☐ 2 Boxes of Tissues — These will be shared with the class and may need to be replenished throughout the year.
- ☐ 1 Box of Crayola Jumbo Crayons
- ☐ 1 Family Photo
- ☐ 1 Individual Photo
- ☐ Snacks — TLC provides snacks, but we understand that little ones can be picky!

Please have food items dated and labeled. TLC is a nut-free facility.





Parent Questionnaire

Child's Name: _____

Birthdate: _____

Favorite Color: _____

FAMILY

Names of Brothers & Sisters:

Birthdate:

Names of Others Living in the Home:

Relationship to Child:

Any Pets: YES / NO

If yes, what are they and what are their names? _____

SOCIAL/EMOTIONAL DEVELOPMENT

Does your child separate easily from you? YES / NO

Any comments:

Is your child afraid of anything? YES / NO

Any comments: _____

Does your child have a favorite toy, blanket, or soother? YES / NO

Identify: _____

Please provide any other information that will be helpful in better understanding and caring for your child. _____



Mealtime

We provide breakfast, morning snack, lunch, and afternoon snack each day. However, we ask that you send in a few non-perishable snacks in case your child refuses what we are serving.

Please label and date any food you send to school. **TLC is a nut-free facility**, so please do not send any foods containing nuts or nut products.

Child's Name: _____

Describe your child's appetite (food likes and dislikes):

Does your child feed him/herself? YES / NO

Please list any food allergies/sensitivities:

In Toddler 1, it is important, but not mandatory that your child adapts to our daily routine. If you have any concerns, please do not hesitate to contact Miss Brianna or Francina.

Thank you!



Feeding Plan for Infants Over 1 Year

Today's Date _____

Child's Name _____ Date of Birth _____

My child is using a (Circle One) Bottle Cup Both

My child has (Please Circle) Breast Milk Formula Milk

For formula: Type of formula _____

For milk: Type of milk _____

_____ oz bottles/cups are given every _____ hours.

Comments: _____

Solid and Mushy Foods: Please give an overview of your child's "typical" feeding schedule:

Meal	Time	Food/Drinks
Breakfast	_____	_____
Snack	_____	_____
Lunch	_____	_____
Snack	_____	_____

Comments: _____

ALLERGIES: Please list any dietary instructions/restrictions: _____

All cups, bottles, and utensils must be labeled with your child's first and last name. Powdered formula must be mixed at home and ready to use. Please label all formula, milk, and juice with your child's name and the date.

I will inform TLC if there are any changes that need to be made to this plan for my child.

Parent Signature _____ TLC Staff _____



Napping Plan for Infants Over 1 Year

Today's Date _____

Child's Name _____ Date of Birth _____

How many hours does your child nap during the day? _____

How many times a day? _____

How many hours does your child sleep at night? _____

Does your child sleep in a crib? _____ Other? _____

Special Instructions or requests? _____

Does your child use a pacifier? _____

I prefer my child to sleep (Circle One)

On a Mat

In a Pack-N-Play

All Sheets and Blankets MUST be labeled with your child's first and last name and will be sent home every Friday for cleaning.

I will inform TLC if there are any changes that need to be made to this plan for my child.

Parent Signature _____ TLC Staff _____

According to regulations, sleeping and napping arrangements must be made in writing between the parent and the program. Such arrangements shall include the area of the program where children will nap; whether the child will nap in a crib, cot or mat; how napping child is supervised, consistent with the requirements of OCFS.