



**Welcome to
Nursery 1 at
TLC Brookside
2023-2024**



Dear Parents,

Welcome to the **Nursery 1** class at TLC!

Here at TLC Day Care our goal is to provide a positive learning environment for your child that enhances his or her level of development.

Through play experiences and the guidance of specially trained staff, your child will be exposed to situations that will stimulate:

- Curiosity, initiative, and independence
- Self- esteem and decision-making capabilities
- Interaction with and respect for others
- Physical activity that develops gross-motor skills
- Communication skills
- Fine-motor development

We believe that children learn through play. Therefore, we encourage the children to explore, create, and share the creations they have made with their imaginations. Discovery centers are play areas that have various materials such as blocks, dramatic play, trains, cars, music and art. The children have the freedom to choose centers throughout the day.

All of our teachers are well-trained, qualified, and love what they do! This year your child's teachers are:

Miss Sara

Please take a few moments to familiarize yourself with our website at www.tlcmerrick.com. There you will find our policies, important forms, calendars, menus and other important information.

If you have any questions, please do not hesitate to contact me either by text or email at 516-659-2247 or tlcmerrick@verizon.net.

Sincerely,

Francina Cerrone

Director/Owner
TLC Day Care



What a Day Looks Like in Nursery 1

7am-8am Arrival/ Free Play

8am-8:15am Clean Up Time

8:15am-8:30am Story Time

8:30am-9am Wash hands/ Breakfast

9am-9:15am Bathroom

9:15am-9:45am Circle Time/ Music & Movement

9:45am-10:30am Activity/ Centers

10:30am Wash hands/ Snack

10:45am-11:30am Indoor/ Outdoor Play (Weather Permitting)

11am-11:15am Bathroom

11:40am-12pm Craft/ Centers

12pm Wash Hands/ Lunch

12:30pm Bathroom before Nap

12:45pm-2:45pm Nap Time

2:45pm-3pm Wash Hands/ Bathroom

3pm Snack

3:30pm-4:30pm Indoor/Outdoor Play (Weather Permitting)

4:30pm Bathroom

4:45pm-6pm Pick up Time/ Free Play



Brookside Nursery 1 Supply List

- 1 small plastic bin with cover to fit all art supplies
- 1 box of crayons
- 1 package of markers
- 1 package of colored pencils
- 1 package of dot markers
- 1 backpack with folder inside
- Diapers/pullups as needed for child
- A sheet/blanket for nap mat
- Sippy cup/water bottle sent home daily for cleaning
- Family photo
- Gallon-sized Ziploc bags
- Sandwich-sized Ziploc bags
- 2 packs of wipes
- 2 boxes of tissues (to be shared with class and may need to be replenished throughout the year)
- Disinfecting/Lysol wipes
- Plastic box containing extra clothes according to season.
- Preferably 2 pants, 2 shirts, 2 pairs of socks and 2 pairs of underwear

****EVERYTHING MUST BE LABELED WITH FIRST AND LAST NAME PLEASE ****

Please feel free to send in non-perishable snacks and any food alternatives if your child does not like what is on the menu (labeled with their name and date). TLC is a nut-free facility.