

Menu

TLC is NUT FREE - PLEASE do not send in food items with Peanuts/Tree Nuts

(v): On days that we have meat, we will always have plain pasta or veggies.

Feel free to bring an alternative protein for your child.

Fresh fruit may be substituted depending on the season and availability.

Picky eaters...please bring an alternative lunch labeled and dated!

Lunch
February
2-6

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, -Milk	Chicken Fries, Corn and Milk	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
February
9-13

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, -Milk	Chicken Fries, Corn and Milk	Broccoli & Chicken Pasta Mac n Cheese, Veggies and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, -Milk

Lunch
February
16-20

Monday	Tuesday	Wednesday	Thursday	Friday
Sorry We're CLOSED President's Day	Chicken Fries, Corn and Milk	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
February
23-27

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, -Milk	Chicken Fries, Corn and Milk	Broccoli & Chicken Pasta Mac n Cheese, Veggies and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

Weekly Breakfast Offerings

Cereal

Pancakes

French Toast

Waffles

Bagels

All breakfast accompanied with
Milk and Fresh Fruit

Weekly Morning Snack Offerings

Cheese/Crackers

Applesauce

Yogurt with Fruit

Pudding with Fruit

Nutrigrain Bar

Muffins

Weekly Afternoon Snack Offerings

Pretzels

Cheese Puffs

Nilla Wafers

Goldfish

Cheez its

Fruit

