



# **Welcome to Twaddlers at TLC Brookside**

**2025-2026**



Dear Parents,

Welcome to the **Twaddlers** class at TLC!

In our Twaddler room, they will be working on social skills, fine motor skills, and letting the children learn through free play. They will be using the Procure app throughout the day to update you on your child's day. If you do not have this app already, please let us know so that one of the teachers can help you download it. It will also include any supplies needed. We ask that you please make sure everything is labeled with their name. The teachers will also take photos of the children and send them as time permits.

Please take a few moments to familiarize yourself with our website at [www.tlcmerrick.com](http://www.tlcmerrick.com). There you will find our policies, important forms, calendars, menus and other important information.

Our menu can be found on the TLC website. When sending in alternatives, please keep in mind that **TLC is a nut-free facility**. Also if you send in any birthday treats, please make sure they are nut free .

If you have any questions, please do not hesitate to contact me either by text or email at 516-659-2247 or [tlcmerrick@verizon.net](mailto:tlcmerrick@verizon.net).

Sincerely,

*Francina Cerrone*

Director/Owner  
TLC Day Care



# What a Day Looks Like in the Twaddler Room

8:15-9:00am Breakfast

*Monday-Wednesday-Friday: Cheerios and Bananas, Tuesday-Pancakes and Bananas, Thursday- Bagels and Bananas*

9:15-9:30am Diaper Changes

10:00-10:30am Morning Snack

10:30-10:45am Circle Time

10:45-11:30am Outside/Free Play/Craft

11:30-11:45am Diaper Changes

11:45am-12:15pm Lunch

12:30-2:30pm Nap

*Diaper changes will be done as children wake up.*

2:30-3:00pm Afternoon Snack

3:00-4:00pm Free Play/Music Time or Finish Crafts

4:15pm Diaper Changes



## Brookside Twaddlers Supply List

- ☐ 3- Changes of Clothes including Socks
- ☐ 2- Crib Sheets
- ☐ 1- Blanket
- ☐ Diapers
- ☐ Wipes
- ☐ 1-Sippy Cup/Bottle
- ☐ 1- Disinfectant Wipes
- ☐ 1- Box of Tissues (to be shared with class and may need to be replenished throughout the year)
- ☐ 1- Family Photo
- ☐ 1- Photo of your Child
- ☐ Snacks (TLC provides snacks but babies can be picky!)

**\*\*Please Label EVERYTHING with your child's first and last name.\*\***



# TLC Daycare Feeding Plan for Infants Over 1 Year

Today's Date \_\_\_\_\_

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

My child is using a (Circle One)      Bottle      Cup      Both

My child has (Please Circle)      Breast Milk      Formula      Milk

For formula: Type of formula \_\_\_\_\_

For milk: Type of milk \_\_\_\_\_

\_\_\_\_\_ oz bottles/cups are given every \_\_\_\_\_ hours.

Comments: \_\_\_\_\_

**Solid and Mushy Foods:** Please give an overview of your child's "typical" feeding schedule:

Meal	Time	Food/Drinks
Breakfast	_____	_____
Snack	_____	_____
Lunch	_____	_____
Snack	_____	_____

Comments: \_\_\_\_\_

ALLERGIES: Please list any dietary instructions/restrictions: \_\_\_\_\_

\_\_\_\_\_

All cups, bottles, and utensils must be labeled with your child's first and last name. Powdered formula must be mixed at home and ready to use. Please label all formula, milk, and juice with your child's name and the date.

*I will inform TLC if there are any changes that need to be made to this plan for my child.*

Parent Signature \_\_\_\_\_ TLC Staff \_\_\_\_\_





# TLC Daycare

## Napping Plan for Infants Over 1 Year

Today's Date \_\_\_\_\_

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

How many hours does your child nap during the day? \_\_\_\_\_

How many times a day? \_\_\_\_\_

How many hours does your child sleep at night? \_\_\_\_\_

Does your child sleep in a crib? \_\_\_\_\_ Other? \_\_\_\_\_

Special Instructions or requests? \_\_\_\_\_

Does your child use a pacifier? \_\_\_\_\_

I prefer my child to sleep (Circle One)

On a Mat

In a Pack-N-Play

**All Sheets and Blankets MUST be labeled with your child's first and last name and will be sent home every Friday for cleaning.**

*I will inform TLC if there are any changes that need to be made to this plan for my child.*

Parent Signature \_\_\_\_\_ TLC Staff \_\_\_\_\_

According to regulations, sleeping and napping arrangements must be made in writing between the parent and the program. Such arrangements shall include the area of the program where children will nap; whether the child will nap in a crib, cot or mat; how napping child is supervised, consistent with the requirements of OCFS.