

Menu

TLC is NUT FREE - PLEASE do not send in food items with Peanuts/Tree Nuts

(v): On days that we have meat, we will always have plain pasta or veggies.

Feel free to bring an alternative protein for your child.

Fresh fruit may be substituted depending on the season and availability.

Picky eaters...please bring an alternative lunch labeled and dated!

Lunch
January
1-2

Monday	Tuesday	Wednesday	Thursday	Friday
			Sorry, We're CLOSED New Years Day	Cheese Pizza, Vegetables, Milk

Lunch
January
5-9

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn and Milk	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
January
12-16

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn and Milk	Broccoli & Chicken Pasta Mac n Cheese, Veggies and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
January
19-23

Monday	Tuesday	Wednesday	Thursday	Friday
Sorry, We're CLOSED MLK Day	Chicken Fries, Corn and Milk	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
January
26-30

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn and Milk	Broccoli & Chicken Pasta Mac n Cheese, Veggies and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

Weekly Breakfast Offerings

Cereal
Pancakes
French Toast
Waffles
Bagels

All breakfast accompanied with
Milk and Fresh Fruit

Weekly Morning Snack Offerings

Cheese/Crackers
Applesauce
Yogurt with Fruit
Pudding with Fruit
Nutrigrain Bar
Muffins

Weekly Afternoon Snack Offerings

Pretzels
Cheese Puffs
Nilla Wafers
Goldfish
Cheez its
Fruit