

Menu

TLC is NUT FREE - PLEASE do not send in food items with Peanuts/Tree Nuts (v): On days that we have meat, we will always have plain pasta or veggies.

Feel free to bring an alternative protein for your child.

Fresh fruit may be substituted depending on the season and availability.

Picky eaters...please bring an alternative lunch labeled and dated!



**Lunch
March 2-6**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn, and Milk	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

**Lunch
March 9-13**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn, and Milk	Broccoli & Chicken Pasta Mac n Cheese, Veggies and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

**Lunch
March 16-20**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn, and Milk	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

**Lunch
March 23-27**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn, and Milk	Broccoli & Chicken Pasta Mac n Cheese, Veggies and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

**Lunch
March 30 - 31**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken Fries, Corn, and Milk			

Weekly Breakfast Offerings

- Cereal
- Pancakes
- French Toast
- Waffles
- Bagels

All breakfast accompanied with Milk and Fresh Fruit

Weekly Morning Snack Offerings

- Cheese/Crackers
- Applesauce
- Yogurt with Fruit
- Pudding with Fruit
- Nutrigrain Bar
- Muffins

Weekly Afternoon Snack Offerings

- Pretzels
- Cheese Puffs
- Nilla Wafers
- Goldfish
- Cheez its
- Fruit