



Menu

TLC is NUT FREE – PLEASE do not send in food items with Peanuts/Tree Nuts (v): On days that we have meat, we will always have plain pasta or veggies.

Feel free to bring an alternative protein for your child.

Fresh fruit may be substituted depending on the season and availability.

Picky eaters...please bring an alternative lunch labeled and dated!

**Lunch
June
1-5**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Chicken & Pasta Mac n Cheese, Vegetables, and Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

**Lunch
June
8-12**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Ravioli or Ziti and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

**Lunch
June
15-19**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Chicken & Pasta Mac n Cheese Vegetables Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

**Lunch
June
22-26**

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Pasta Primavera and Milk	Chicken Parm with Pasta, Peas and Carrots, and Milk	Cheese Pizza, Vegetables, Milk

Weekly Breakfast Offerings

- Cereal
- Pancakes
- French Toast
- Waffles
- Bagels

All breakfast accompanied with Milk and Fresh Fruit

Weekly Morning Snack Offerings

- Cheese/Crackers
- Applesauce
- Yogurt with Fruit
- Pudding with Fruit
- Nutrigrain Bar
- Muffins

Weekly Afternoon Snack Offerings

- Pretzels
- Cheese Puffs
- Nilla Wafers
- Goldfish
- Cheez its
- Fruit