

Menu

TLC is NUT FREE – PLEASE do not send in food items with Peanuts/Tree Nuts (v): On days that we have meat, we will always have plain pasta or veggies.


Feel free to bring an alternative protein for your child.

Fresh fruit may be substituted depending on the season and availability.

Picky eaters...please bring an alternative lunch labeled and dated!



Lunch
June 29-
July 3

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Chicken & Pasta Primavera and Milk	Meatballs, Pasta, Vegetables, and Milk	

Lunch
July
6-10

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Chicken & Pasta Primavera and Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
July
13-17

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Chicken & Pasta Primavera and Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
July
20-24

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Chicken & Pasta Primavera and Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Lunch
July
27-31

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza, Vegetables, Milk	Chicken, Fries, Corn, and Milk	Chicken & Pasta Primavera and Milk	Meatballs, Pasta, Vegetables, and Milk	Cheese Pizza, Vegetables, Milk

Weekly Breakfast

Offerings

- Cereal
- Pancakes
- French Toast
- Waffles
- Bagels

All breakfast accompanied with Milk and Fresh Fruit

Weekly Morning

Snack Offerings

- Cheese/Crackers
- Applesauce
- Yogurt with Fruit
- Pudding with Fruit
- Nutrigrain Bar
- Muffins

Weekly Afternoon

Snack Offerings

- Pretzels
- Cheese Puffs
- Nilla Wafers
- Goldfish
- Cheez its
- Fruit